

### ***Why does seeking speaking perfection produce major roadblocks?***

As high achievers, some of you may have considered the possibility of achieving the perfect speech. Some of you may actually be striving to achieve the perfect speech. And some of you may be absolutely committed to the requirement of achieving the perfect speech.

If you are somewhere on this road to perfection, you are undoubtedly frustrated.

To add impact and power to your presentations you need to recognize the roadblocks you're setting up. For greater speaking success, you need to give up the goal of the perfect speech.

#### ***Why does seeking speaking perfection produce major roadblocks?***

*One reason: Seeking perfection promotes hesitancy, not fluency.*

When you create a report, the time you spend refining your idea does not show in your finished product. When you speak, each time out to reflect and correct translates into a pause, an ah, an okay or some other form of stuttering. You may gain precision but in the process you've lost rhythm, momentum and audience attention.

*Another reason: Seeking perfection promotes the dependency on exactly worded scripts vs. fostering the spontaneous with thought-triggering notes.*

Instead of reaching into deeper levels of concentration on the message, when you seek perfection, you reach deeper into your pockets to get glasses to focus on words, skimming the surface of your ideas. The result is a cardboard delivery which may shine on the surface, glisten for a moment but ultimately lacks depth and is quickly forgotten.

*Another reason: Seeking perfection promotes detachment versus involvement.*

When you aspire for perfection, you adopt a self-monitoring mentality towards your speaking. You literally watch what you say to make sure you are not making mistakes. The result is that your speaking becomes flat, dull, and boring. When you give up the goal of being flawless, you are free to focus on expressing your thoughts and feelings – going with the flow.

*Another reason: Seeking perfection promotes static speaking versus dynamic communication.*

When you seek perfection, you rely on rules that are fixed in the past, patterns that are frozen out of context, ideas that can be measured for impact. What you lose is that critical focus on the “here and now”, the “you and I” – the synergy of the moment.

***So, these are key reasons why seeking perfection is a detour, a dead end in your development as a speaker, a goal definitely worth giving up.***